

# A GRANDPARENT'S GUIDE



## CHILDPROOFING *checklist*

*Because Loving Them Means Keeping Them Safe*

### OLDER HOME SAFETY

- ☐ Check for peeling or chipping lead-based paint (homes built before 1978)
- ☐ Secure or remove loose rugs or frayed carpets
- ☐ Install baby gates at stairs or hazardous areas
- ☐ Upgrade outlets to tamper-resistant covers
- ☐ Ensure window locks or stops are in place

### MEDICATIONS & MEDICAL AIDS

- ☐ Store all medications locked away and out of reach
- ☐ Keep pill organizers hidden and secured
- ☐ Safely store button batteries (e.g., hearing aids, remotes, fobs)
- ☐ Secure or store canes, walkers, and medical devices when not in use

### HAND-ME-DOWNS & THRIFTED ITEMS

- ☐ Check cribs, swings, strollers, etc. for product recalls ([cpsc.gov](https://www.cpsc.gov))
- ☐ Avoid drop-side cribs
- ☐ Inspect toys for small parts, loose buttons, or peeling paint
- ☐ Check buckles and straps on all gear for wear and tear

### HIDDEN HAZARDS

- ☐ Keep purses and bags with medication, gum, or coins out of reach
- ☐ Secure all cleaning supplies, especially under-sink cabinets
- ☐ Tape shut or secure remote controls and key fobs containing batteries
- ☐ Cover all electrical outlets
- ☐ Double-check furniture & appliance stability—kids may try to climb!



FLIP



## CREATING A SAFE PLAY ZONE

- ☐ Set up a kid-friendly corner with soft toys and books
- ☐ Add door handle covers or signs for adult-only zones
- ☐ Walk your grandchild through your home with simple safety instructions
- ☐ Engage and supervise them—exploration is good, with safe boundaries

## FIRE SAFETY

- ☐ Install smoke detectors on every level and inside bedrooms.
- ☐ Test smoke detectors monthly and change batteries yearly
- ☐ Keep fire extinguishers in kitchen and garage
- ☐ Keep matches and lighters locked away and out of sight.

## ADDITIONAL SAFETY TIPS

- ☐ Use non-slip mats in bathtubs and showers
- ☐ Set water heater to max 120°F (49°C) to prevent scalding
- ☐ Label and store chemicals out of reach and never in food containers

## GENERAL HOME SAFETY

- ☐ Keep cords from blinds or curtains out of reach and cut any loops
- ☐ Lock cabinets and drawers with childproof latches
- ☐ Use corner guards on sharp furniture edges
- ☐ Ensure all indoor plants are non-toxic.

## GUN SAFETY

- ☐ Store all firearms unloaded and locked in a secure safe
- ☐ Use gun locks as an additional precaution
- ☐ Store ammunition separately from firearms

## OUTDOOR SAFETY

- ☐ Fence in yard with childproof locks on gates
- ☐ Supervise children around pools at all times; install pool fence with self-latching gate
- ☐ Keep gardening tools and lawnmowers locked in a shed or garage
- ☐ Ensure play equipment is age-appropriate, sturdy, and safe

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